



# O A K L E A V E S

A PUBLICATION OF THE LOS OSOS / MORRO BAY CHAPTER of SMALL WILDERNESS AREA PRESERVATION  
P.O. BOX 6442, LOS OSOS, CALIFORNIA 93412-6442 ♦ (805) 528-0392 ♦ AUGUST / SEPTEMBER 2006



## School Walks in the Elfin Forest: Meeting a SWAP Goal

*By Yolanda Waddell, Education Chair*

When they founded SWAP in 1971, Emily Polk, Margaret Owings, Ansel Adams and Edgar Wayburn included in the Articles of Incorporation the goal of "environmental education of young people." The Los Osos/Morro Bay chapter of SWAP has provided school walks in the Elfin Forest ever since the Forest was purchased in 1994. However, in the past two years, the Education Committee has worked to formalize walk activities that meet State education standards, and to develop materials that hopefully will improve students' understanding of the Forest environments.

This year, we were pleased to receive requests for school walks in May from the two first grade classes of Baywood School (40 students); four third grade classes from Grover Beach Elementary School (80 students); and two sixth grade classes (48 students) from Lincoln Elementary School, Lindsay, California. In June, we provided a "nature walk and work" morning for 14 students of the Morro Bay Estuary Camp sponsored by the Morro Bay National Estuary Program (MBNEP) and the YMCA. Those students received a nature tour of the Elfin Forest for part of the morning, and then assisted Conservation Chair Pete Sarafian in pulling the tops (with seeds) off of a heavy growth of veldt grass at the end of 15th Street.

In preparation for the walks, we needed help in assembling some of the walk materials that we were going to use. Cuesta College student and Elfin Forest neighbor Katharine Gibbs needed to fill a community service requirement for the Alpha Gamma Sigma Honor Society at Cuesta College. She volunteered to take on the task, and ably completed it well in advance of the walks. Thanks also to Les Bowker for producing photos

*School Walks continued on page 2*

*top left; Baywood School first grade teacher Kelli Gang and members of her class enjoyed seeing and learning about insects in the Elfin Forest.*

*Photo by Yolanda Waddell.*

*middle left: Kara Hagedorn and Sunshine, her disabled Red-Tailed Hawk, gave a group of third graders a chance to see and learn about a bird of prey.*

*Sunshine was shot in the wing and can no longer fly.*

*Photo by Jay Waddell.*

*bottom left: Estuary Camp participants proudly display bags of veldt grass that they pulled as part of their "walk and work" morning in the Elfin Forest. Camp leaders Cheryl Lesinski (MBNEP), center of 1st row, and Laurel Olvera (YMCA), at left in 2nd row, joined in the weeding project coordinated by Pete Sarafian, left rear.*

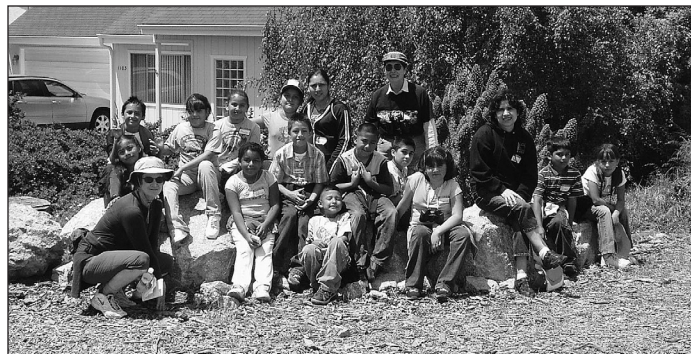
*Photo by Yolanda Waddell.*







*A Baywood School first grade class and their teacher, Cheryl Dove, at right with stop sign, prepare to return to Baywood School, which is within walking distance of the Elfin Forest. Photo by Yolanda Waddell.*



*Grover Beach Elementary School teacher Suzanne Martin, at left, and her class of third graders were among four third grade classes that visited the Elfin Forest in May. Photo by Jay Waddell.*

## School Walks *continued from page 1*

for our talk about tides, and to Dave Dabritz for bringing photos and diagrams of the Dusky-footed Woodrat and its nest.

The school walks were given by a group of docents with previous experience in leading nature walks. Our docents included Pat Akey (also SWAP treasurer and former elementary school teacher); Pat Brown (Cuesta College nutrition instructor and experienced SWAP school walks leader); Les Bowker (retired biology professor and veteran of many walks for adults and children); Dave Dabritz (Natural History Association docent); Pete Sarafian (SWAP Conservation Chair and experienced SWAP school walks leader); Norma and Bill Vaughan (Natural History Association docents); Jean Wheeler (retired geography professor and experienced SWAP school walks leader); and Yolanda Waddell (Education Committee Chair and experienced SWAP school walks leader). In addition, Kara Hagedorn, Education Chair for Morro Coast Audubon, gave a presentation with her Red-tailed Hawk, Sunshine, about birds of prey for the four third grade classes.

The SWAP Education Committee is very pleased to have given 182 members of the next generation an opportunity to learn more about the natural world around them. We appreciate the time and energy given by our Education Committee members, docents and other volunteers. We also are grateful for the Transportation Mini Grant provided to us by the MBNER, which enabled the Grover Beach Elementary third grade classes to pay for the buses that brought them to the Elfin Forest.

## *Planners and Docents Needed to Expand School Walks*

Everyone will most likely agree that in addition to preserving the land, it is important to pass on to future generations both the rich history of the Elfin Forest and the responsibility we all share towards Nature. In May, SWAP conducted school walks in the Elfin Forest for first, third and six graders. For many students, this was an opportunity to learn firsthand why our natural environment is so very special. In the coming months we would like to prepare more lesson plans for all elementary grades, but our Education Committee needs help. If you could share in the educational planning or become a docent, please contact our Education Committee Chair.

Our contact number is 805-528-0392. Leave a message for Yolanda Waddell. PLEASE volunteer to help us plan more walks for students or to be a school walk docent! You might inspire a future environmentalist!

## Visitor Comments

*Edited by Jean Wheeler*

*Two classes of sixth graders came to the Elfin Forest on May 22, from Lincoln Elementary School in Lindsay, California (southeast of Fresno near the Sierra). They were accompanied by their teachers, Sarah Yates and Joe Patterson. Sarah Yates coordinated planning of the field trip with Yolanda Waddell, SWAP Education Committee Chair.*

*The teachers sent Yolanda some letters of appreciation from the students, written the following week. All of the young letter writers mentioned specific things they remembered seeing and learning about life in the Elfin Forest. Following are some of their comments. The spellings inside quotation marks are their own.*

Dakota was impressed by learning "why the plants and trees didn't grow so big." Jaclyn enjoyed seeing the low tide and the pictures of low and high tide, the sight of a quail through binoculars, how to know what a flower contains, and how leaves get broken down into dirt. Destinee remembered best "the plant that sticks to anything wick is called the sticky monkey" and footprints in the dirt of a rabbit. Miguel liked "the part when we hold different plants and when we went insid the Oak trees." Suleyma said, "Without the docents the trip wouldn't have been as exciting" and that she hopes to visit Morro Bay with her parents some day. Bernardo, Elizabeth, and Dakota were particularly grateful for the docents explaining and showing them what poison oak looks like. All expressed thanks to the docents. Bernardo: "for the time it took you off your day to teach us these things." Elizabeth: "for taking your time out of the day teaching us." Miguel: "for your support for giving us your time and for the education you all gave us." Destinee: "for teaching me all these things." Jaclyn: "for having us, and for letting us see an actual estuary." Dakota: "because I had a very good time learning." Suleyma: "Thank you!! Thank you!! Thank you!!"



*Retired Cal Poly biologist and past SWAP walk leader Shirley Sparling paid a visit to the Elfin Forest in May. Now living in Pacific Grove and volunteering at the Monterey Bay Aquarium and Point Lobos, she said that the Elfin Forest is another of California's treasures. Photo by Yolanda Waddell.*

# The MBNEP and SWAP are Partners

*By Ron Rasmussen, SWAP Chair*

The Morro Bay National Estuary Program (MBNEP) is a federally funded organization established in 1995 and charged with initiating and maintaining a program of conservation, and when possible, reversal of adverse effects on the estuary of natural and human activities in the surrounding watershed and in communities along the shore of Morro Bay. To accomplish these goals the MBNEP has formed partnerships with various organizations that either own or control lands in and bordering the estuary. SWAP is one of these partners.

As you well know, much of the Elfin Forest is a sandy slope that drains directly into the bay or via Los Osos creek. Prevention of erosion that leads to sediment entering the bay is clearly a concern of the MBNEP. Thus, a partnership between SWAP and the MBNEP is a natural arrangement. Over the past few years the MBNEP has supported several projects in the Elfin Forest. These include erosion control, revegetation and the "Mutt-Mitt" program. Also, MBNEP staff members participate in educational activities in the Forest. For example, SWAP's June 17th "Third Saturday Walk" was conducted by Cheryl Lesinski (Outreach Coordinator at MBNEP) who described the MBNEP program.

SWAP directors contribute to MBNEP actions by serving on the MBNEP Implementation Committee, which reviews grant applications and evaluates progress on ongoing projects. This committee includes representatives from other "Partners" as well as from governmental agencies and concerned citizens.

SWAP's partnership with the MBNEP recognizes SWAP as part of the estuary community. Publications of the MBNEP emphasize the role of its partners in its program and SWAP is often cited as an important member. When viewing the estuary and surrounding hills from the Elfin Forest, recall that SWAP is not an isolated organization, but is truly a full member of our community.

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## SWAP and the Marine Life Protection Act (MLPA)

*By Ron Rasmussen, SWAP Chair*

The goals of the Marine Life Protection Act (MLPA) of 1999, are not only to preserve existing areas of the California coastal ocean but also to allow marine life to return to levels that existed prior to over fishing and the dramatic decrease in fish populations. The areas to be affected and the level of protection to be imposed will depend on the nature of marine life present and its place in the recovery of mature populations of marine creatures. For example, offshore regions may include areas open to recreational and commercial fish harvesting as well as areas entirely closed to provide a refuge for marine species that may be especially threatened.

Governor Schwarzenegger has appointed a blue-ribbon Task Force, the California Department of Fish and Game (DFG), a scientific advisory team, and a California Coastal Stakeholder Group to work toward a consensus on how the MLPA should be implemented. Particular attention will be given to preservation of marine life while having the least adverse impact on people whose livelihood depends on the sea.

Morro Bay and the estuary are included among areas that are affected by the MLPA. This is because the bay provides a nursery for young fish and other marine species. The Elfin Forest is part of the estuary and its welfare contributes to the health of the bay. Therefore, SWAP supports the concepts of the MLPA and its goals.

To learn more about the MLPA and what you can do in support of its goals visit the web site of the Otter Project ([www.otterproject.org](http://www.otterproject.org)). You can also write letters to the Governor, the California DFG, and your state legislators supporting preservation of our irreplaceable ocean resources.



*Among SWAP's booth workers during the Baywood June Fest were (L-R) Les Bowker, Pat Akey and Ron Rasmussen. Photo by Pat Murray.*

## SWAP's Booth at June Fun Fest

*By Pat Murray*

Small crowd - fun day for those attending this year's June Fest, even though the sun never did shine. Cheers to those SWAP folks who helped with this year's festival. Ron Rasmussen, Pete Sarafian, and Pat Murray set up the booth, while Dorothy Norwood stuffed our newly revised brochure with remittance envelopes. Starting off the morning, scheduled booth workers were Rosemary Baxter and Ann Calhoun. Debbie and Marty Levi pitched right in to help along with Pat Murray for the next shift. Faithful Les Bowker stepped in for the afternoon shift, assisted by Ron Rasmussen. The last shift was handled by Pat Akey and anchored by Ron Rasmussen. The booth was dismantled with the help of Pete Sarafian, Ron Rasmussen and Pat Murray, who then delivered all items back to SWAP's storage shed. In spite of the weather conditions, the selling of shirts, pocket guides, and note cards, proved to be fairly successful. That, handing out our brochures and complimentary past newsletters, and net working about what SWAP stands for made for a good day. Thanks to all who helped out at this year's June Fest.

### SWAP BOARD OF DIRECTORS

*The Board of Directors of the Los Osos/Morro Bay Chapter of  
Small Wilderness Area Preservation (SWAP)  
consists of the following members:*

Ron Rasmussen, Chair  
Pete Sarafian, Vice Chair / Pat Akey, Treasurer / Yolanda Waddell, Secretary  
Bob Meyer, Member at Large / Pat Murray, Member at Large

### SWAP BOARD MEETINGS

The SWAP Board of Directors  
meets on the 2nd Monday of each month at 7 p.m.  
at the Coast National Bank, 1193 Los Osos Valley Road.

The next meetings are

*Monday, August 14, and Monday, September 11*

All Board meetings are open to the public.

To confirm the date, time and location  
(which are subject to change), phone 528-0392.





*New weed warrior Marty Levi helped in May and June with a project to remove protective cages and flags from 2-year-old native plants that are now well established. Photo by Yolanda Waddell.*

## Weed Warriors Wander Widely

*By Pete Sarafian, Conservation Chair*

During the late spring and early summer SWAP's Wonderful Weekend Weed Warriors ranged all over the Elfin Forest tidying up the Forest and working the weed problems. In May they helped with the large revegetation project's final plant count and removed protective cages and flags in eastern and central portions of the Forest. In June the Warriors completed the plant count and removing cages and flags in the western portion of the Forest. They also pulled weeds in western and central areas of the Forest. In July the Weed Warriors mopped up veldt grass along the South Bay Boulevard highway embankment. Volunteers included Rosemary Baxter, Jay Bonestell, Dave Bowlus, Beverly Boyd, Steve Cake, Lannie Erickson, Janet Hillson, Nancy Lehman, Marty Levi, Tiffany Masuda, Pat Murray, Ron Rasmussen, Pete Sarafian, Charlie Sitton, Yolanda Waddell, Jean Wheeler, and Sally Wright. Thanks to the great job being done by our volunteers, the central portion of the Elfin Forest is nearly weed free for the first time in over a decade. SWAP extends its sincere appreciation to all who have helped in this milestone achievement.

*at right: The helping hands of Jean Wheeler free a native plant from its cage, allowing its branches to stretch out and continue to grow.*



## CCC Continues Helping in Forest

*By Pete Sarafian, Conservation Chair*

A small crew from the California Conservation Corps (CCC) visited the Elfin Forest in May to help for four days. Thanks to Morro Bay National Estuary Program (MBNEP) financial support, CCC labor was made available to SWAP. Crew chief Richard Miller and his Corps members spent two days pulling out veldt grass (*Ehrharta calycina*) along the South Bay Boulevard highway embankment. Due to a cool, wet spring this year, the veldt grass was still young and able to be pulled with the seed stalks intact. The Corps yanked numerous large bags of grass. During the final two days of work the Corps helped wrap up the two-year-old revegetation project. They assisted in the final plant count by pulling out many of the remaining flags and wire cages from native plantings. Corps members participating in the work included Christopher Allum, Pablo Castro, Ryan Cepello, La Donna Harrell, Nathan Harris, Richard Knorr, Jonathan Rogers and Catalina Vallejo. SWAP sincerely appreciates the fine work of the CCC and the support of the MBNEP.

Later, in June, another CCC crew became available for one day. In that single day, another large inroad was made into the cape ivy (*Delairea odorata*) infestation in the west end of the Elfin Forest. Continuing the efforts of another crew that worked earlier in the spring, this crew, under supervisor Mark Bailey, cleared another quarter to half acre of the worst ivy infestation in the Forest. They also mopped up Italian thistle (*Carduus pycnocephalus*) nearby. Then toward the end of the day, they even helped with the dense veldt grass infestation in the area west of the 11th Street entrance to the Forest.

Without such wonderful support from the CCC, SWAP volunteers could never keep up with the weed infestation in the Elfin Forest. A great big THANK YOU goes to the Corps from SWAP.

## SWAP First Saturday Work Parties

SWAP First Saturday Work Parties are held at 9 a.m. to noon on the first Saturday of each month. Please dress for wind, fog or sun. Layers work well. Long pants and long shirt sleeves are good. Sturdy shoes are a must. Meet at the north end of 15th Street at the Elfin Forest entrance. Take care not to park in front of driveways or mailboxes. Call 528-0392.

## Let's All Pull Together!

Dear Wonderful Weekend Weed Warriors:

The center of the Forest is clean,  
Of grasses that sprout and grow mean,  
We've pushed them all back,  
With a pull and a hack,  
Just peripheral ones can be seen.

That doesn't mean that we're through,  
There is plenty more left to do,  
Fighting erosion and weeds,  
Planting seedlings and seeds,  
There always will be something new.

Hope to see you in the Forest,  
*Pete Sarafian*





# WALKS in the ELFIN FOREST

## Third Saturday Walks

**August 19, 9:30 a.m.**

Take a journey through time while walking along the Elfin Forest's paths with Cal Poly geologist David Chipping. His story, beginning in the geologic past with the formation of the "Franciscan mélangé," will help us to better understand the land around us. A plant enthusiast as well and Conservation Chair of the San Luis Obispo Chapter of the California Native Plant Society, Dr. Chipping will show how local plant communities have formed as a result of geologic action.

**September 16, 9:30 a.m.**

Bob Field, Cal Poly adjunct physics professor, has titled his walk, "Exploring Evolution in the Elfin Forest." His topic is the physical and biological evolution of everything you can see around the Elfin Forest. The theme is that everything, including what you see from the Elfin Forest, changes over time. Bob states, "The rugged beauty of the evolving coast reveals the powers of the sea, sky, land, and life itself. We will walk through the Elfin Forest and look for signs of five kingdoms of life and five billion years of global natural history. Seasonal change and tides may be discussed." Don't miss this one!

**October 7, 8:30 a.m. Pre-Big Sit! Walk  
(First Saturday Note earlier time)**

This Saturday walk, beginning at 8:30 a.m., will be a pre-Big Sit! walk. The actual Big Sit!, an international event coordinated by the New Haven (Connecticut) Bird Club, will take place on Sunday, October 8. Birder Jim Royer, who coordinates the Elfin Forest Big Sit! at Bush Lupine Point, will lead the Saturday walk. Join Jim in finding and identifying 40 to 60 species of birds throughout the Elfin Forest. This fascinating walk is for those who just enjoy looking at birds as well as for more experienced birders. Jim will open up the world of birds for you -- you'll come away knowing more about how to identify them, their calls, their habits and habitats.

**October 21, 9:30 a.m. To be announced**

Our third Saturday walk isn't set as of the printing of this issue of Oakleaves. Please phone the SWAP message number, 805-528-0392, after October 1st to find out what Walks Coordinator Petra Clayton has come up with. A notice will also appear in most local newspapers during October.

*Walks in the Elfin Forest begin at 9:30 a.m. (unless otherwise noted) at the north end of 15th Street off Santa Ysabel in Los Osos. Wear comfortable shoes, long sleeves and pants to avoid poison oak and mosquitoes. Please park carefully, avoiding driveways and mailboxes. We ask that you leave pets at home. The easy paced walks last 1-1/2 to 2 hours. For more information call (805) 528-0392.*



above: Al Normandin, right, led a butterfly walk in May, and provided walk participants with an information-filled list of the Elfin Forest's sixteen species of butterflies. Dave Bowlus, left, retired marine biologist and new SWAP volunteer, takes a moment to photograph a Variable Checkerspot butterfly. Photo by Yolanda Waddell.

below: MBNEP's Education and Outreach Coordinator Cheryl Lesinski, left, gave a fact-filled and thought-provoking 3rd Saturday walk in June. Her topic was preserving the Morro Bay estuary and its watershed, which includes the Elfin Forest. Photo by Robert Davis.



## Emily Polk Turns 96!

On July 7, SWAP founder Emily Polk reached the marvelous age of 96. She still tells many wonderful and amazing stories about the years when she worked to help SWAP chapters across the state save precious small wildernesses for future generations. Not only that, she quotes works by famous writers and poets, including her own poems, from memory. Not bad for any age! On behalf of the three SWAP chapters and all members of SWAP, we send her our very best wishes for another excellent year. If any member would like to send her a card, she will be happy to hear from you. Her address is Emily Polk, Atascadero Christian Home, 8455 Santa Rosa Road, Atascadero, CA 93422.

## Where To Call, Where To Write

If you have questions about SWAP activities or want to volunteer, please call 528-0392 and leave a message. A recorded message will have information about our 3rd Saturday Walks, Work Saturdays, and other events. If you have questions, concerns or comments about any problems in the Elfin Forest, call or write: Chuck Lowe, SLO County Parks Supervising Ranger, 1087 Santa Rosa Street, SLO, CA 93408, (805) 781-4417. Owners of dogs off-leash can be cited. If you witness dogs off-leash, vandalism or obvious crimes, call the County Sheriff at 781-4550.

# Interior Golden Yarrow

By Dirk Walters, Ph.D.; Drawing by Bonnie Walters

The plant profiled in this article for *Oak Leaves* is the third and last species of *Eriophyllum* (*E. confertiflorum*) found in the Elfin Forest. The first species was a tiny annual (Many-branched golden yarrow, *E. multi-caule*) that I know from only a single small patch near the base of the spur to Lupine Point. The second, a shrubby species (Coastal golden yarrow, *E. stachadaefolium*), also is restricted in its distribution in the Elfin Forest. I know it only from near end of the spur at Siena's Point.

This article's golden yarrow is not numerous in the Elfin Forest either, but it is widely distributed. It is visible as isolated individuals or small groups in the drier portions or along the eastern two-thirds of the boardwalk. It is a small shrub from 1-1/2 to 3 feet high and, as can be seen in Bonnie's drawing, bears smallish, gray, alternate leaves that are highly variable in shape. They can vary from small un-lobed nubbins to standard but narrow leaves with 3-5 lobes. The presence of the 3 terminal teeth or lobes is their most constant trait. Both surfaces of the leaves are covered with hair when the leaves first expand. The upper surface then loses its covering to become glabrous. The genus name, *Eriophyllum*, refers to this woolly (Erio-) leaf (-phyllum) characteristic.

*Eriophyllum confertiflorum* has a number of common names. Ones that I've found include common or interior golden or yellow yarrow and woolly sunflower. The "woolly" part of woolly sunflower refers to the fuzzy leaves. The common name sunflower and yarrow both refer to its resemblance to other species in its family, Asteraceae or Compositae.

Individual flowers in this family are tiny, but are aggregated into showy clusters called heads. Again, these are clearly visible in Bonnie's drawing. Members of this family resembling this one, have two kinds of flowers in each head. The outermost flowers bear a single tongue-shaped corolla that extends outward like the rays in a child's drawing of the sun. In fact they are called ray flowers. In this species there are usually only 5 of these ray flowers in each head although the number can be quite variable. The second type of flower produces a corolla that is basically a simple tube ending in five teeth. They are known as tubular flowers or, because they are always aggregated into a central disk, "disk flowers". The ray flowers serve as advertisement and a landing platform for pollinating insects. Ray flowers only produce pistils, so if the insect has previously visited another plant, it will be coated with pollen from that unrelated individual. In this species, disk flowers produce both stamens and pistils. However, the outer disk flowers mature their male stamens first, followed in turn by the



inner flowers. After the pollen has been shed, then each disk flower produces two receptive female stigmas in the same order. Therefore an insect always encounters the stigmas of a head before pollen. When the insect reaches the center of the head, it flies off to another head.

The names "common" or "interior" refer to the distribution of this species. It is one of, if not the most, widespread species of California golden yarrow. It is found from just inland of the shore, eastward to below 9500 feet in the Sierras, north to Oregon and south into Baja. I prefer the name "interior" because it distinguishes between our coastal shrubby species and this one. The common name "yarrow" indicates its resemblance to another sunflower family member that has small heads in terminal, tight, and flat clusters. The smallish yellow or golden flowers found in this species share this clustered flower trait. In fact the species epithet, *confertiflorum*, means clustered (*conferti-*) flowers (*(florum)*). True yarrow (*Achillea millefolium*) is a white-flowered, aromatic perennial herb with large dissected green leaves. In fact, the only character these two plants share is the flat-topped-clusters of heads.

Interior golden yarrow would make a great ornamental for the home landscape. In the Elfin forest it blooms almost all year, although more prolifically from January through August. It propagates easily from seed and transplants well. It does best if cut back to a few inches from the ground after flowering in the fall.

## Vandals Continue Destroying Fencing

By Pete Sarafian, Conservation Chair

Vandalism is a constant occurrence in the Elfin Forest. Not a single project in the Elfin Forest has gone unscathed. Vandals have targeted fences, erosion wattles, native plantings, protective cages, and location flags. This year, these hoodlums repeatedly have attacked the fences below Bush Lupine Point. After hours and hours of repairs to plastic mesh fencing, fence wire and barbed wire, the SWAP Conservation Committee has called it quits. Volunteers installed a fence at the Bush Lupine Point overlook to close off the sand trail to the bottom of the hill.

This is an appeal to visitors in the Elfin Forest to be on the lookout for perpetrators of vandalism. Anyone seeing suspicious activity is urged to call the SWAP phone, 528-0392, and provide a description of the perpetrators. Names, addresses or auto license numbers would be especially helpful.



## OAK LEAVES

is published six times per year beginning in February.

Co-editors are Yolanda Waddell and Jean Wheeler;  
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Contributors to this issue: Wendy Brown, Robert Davis, Cheryl Lesinski,  
Debbie Levi, Pat Murray, Ron Rasmussen, Pete Sarafian, Jay Waddell,  
Yolanda Waddell, Dirk and Bonnie Walters, Jean Wheeler.

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If possible, all copy should be submitted by e-mail to:  
ywaddell@kcbx.net AND jeanwheeler@charter.net.

# Thank You to Our New and Renewing Members

*Compiled by Wendy Brown, SWAP Database Coordinator*

## NEW MEMBERS:

Judith & Robert Bean*	Shari & Alan Fraser*
Fran Edwards*	Monica Rowcliffe

## RENEWING MEMBERS:

Andrea Bersie*	Nancy G. Page*
David & Linda Chipping*	Donald S. Parham*
Bill Davies*	Robert Pavlik*
Alice Dobias*	Wilson & Carolyn Pendery*
Nada Fuller*	John & Elizabeth Pierce
Beverly Hardy	Barbara Renshaw & Skip Shaw*
Burton & Dorothy Harris*	Janice & Roger Verity*
R.B. & Paula Henderson	Martha & Don Vincent*
Shirley Hulin*	Michael Ward
Larry & Jennifer Levine*	Linda Young
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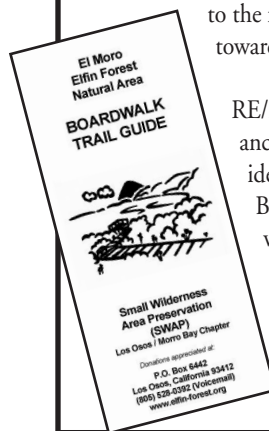
## SWAP Brochure and Trail Guide Supported by Local Merchants

Two of SWAP's publications were recently reprinted. Our brochure was revised and reprinted in May. It is similar to previous printings, but a few changes have been made. The brochure can be found at local chambers of commerce and the Natural History Museum. Also, the fifth printing of our Trail Guide was completed in April, and is now available in the two Trail Guide dispensers in the Elfin Forest. If anyone wishes to receive a copy of either publication, please call SWAP's message phone, 805-528-0326.

SWAP would like to extend special appreciation to the following local businesses for contributing towards the cost printing our publications.

Supporters for the brochure are: Leslie Lee with RE/MAX Ocean West Realtor, Jim Marshall Insurance Agency, Inc. and John Mascarenas, Vice President/Financial Services Manager of Mid State Bank. Contributors to the Trail Guide printing were Alex Benson, owner of the Baywood Inn in Los Osos, and Peter Starlings of Johnson-Starlings & Associates, Inc. Real Estate.

These folks also helped us out with the printing of our previous brochures and Trail Guides. Thank you so very much.



*\*Thanks to those listed above who donated more than the \$12 membership dues.  
The additional donations will be used for special projects in the Elfin Forest.*



## SWAP Shoppers Order Form

### 1. MURAL SHIRTS (Older Design) - circle sizes

Words on shirt: "El Morro Elfin Forest Natural Area,  
Small Wilderness Area Preservation, Los Osos, California"

___ Short Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg)	@ \$15.00 = ___
___ Long Slv. T-Shirt (med., Lg, XLg, XXLg, XXXLg)	@ \$17.00 = ___
___ Sweatshirt (med., Lg, XLg., XXLg, XXXLg)	@ \$25.00 = ___

### 2. MURAL SHIRTS (New Design) - circle sizes

___ Short Slv. T-Shirt (Sm, Med, Lg, XLg, XXLg, XXXLg)	@ \$15.00 = ___
___ Long Slv. T-Shirt (Sm, Med, Lg, XLg, XXLg, XXXLg)	@ \$17.00 = ___
___ Sweatshirt (Sm, Med, Lg, XLg, XXLg, XXXLg)	@ \$25.00 = ___

### 3. PHOTOS OF THE ELFIN FOREST

Original photo note cards by Bob Meyer	___ @ \$3.00 = ___
Original photo postcards by Bob Meyer	___ @ \$1.00 = ___

### 4. MURAL PRINTS

\_\_\_ signed prints by artist Barbara Rosenthal,  
image size 4"x16"; mounted on foamcore @ \$20.00 = \_\_\_

### 5. NEW POCKET GUIDE

Useful 56-page guide to plants & animals of the Elfin Forest @ \$2.00 = \_\_\_

SUBTOTAL (Prices include tax) \_\_\_

Shipping cost if outside Los Osos/Morro Bay

Pocket Guides & Note Cards \$1.00 = \_\_\_

all other items \$2.50 = \_\_\_

TOTAL OF ORDER \_\_\_

*(Please print when filling order — and indicate HOW MANY)*

Name \_\_\_\_\_

Phone (with Area code) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Make checks payable and mail to:

SWAP, P.O. Box 6442, Los Osos, CA 93412 - 6642.

Call-in orders may also be made: (805) 528-0392

## New Item!

SWAP has recently published a 56-page Pocket Guide update titled, "Plants and Animals of the Elfin Forest Natural Area." It contains lists of the Forest's mammals; reptiles and amphibians; birds; common arthropods including a separate list of butterflies and moths; gastropods; a descriptive list of vascular plants, mushrooms; and a 56-species list of lichens. There is also a Habitat Map of the Elfin Forest.

The Pocket Guide sells for \$2.00.



*School walk docents needed!  
See page 2.*

Los Osos / Morro Bay Chapter  
SMALL WILDERNESS AREA PRESERVATION  
A Non-Profit Public Benefit Corporation  
P.O. Box 6442, Los Osos, CA 93412-6442  
(805) 528-0392

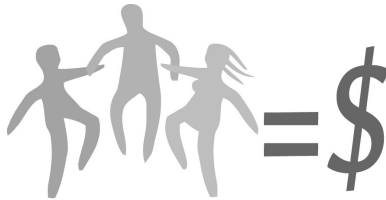


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## Help Boost SWAP Membership

When we apply  
for grants to finance  
our work in the Elfin  
Forest, agencies want  
to know how many  
members SWAP has.



The more members we  
have, the greater is our ability to obtain grants for continu-  
ing restoration of the Elfin Forest. One thing you can do  
to help us keep our numbers up is to check the currency  
of your own membership. Check the renewal date located  
next to your name on the address label of this issue. Then  
urge friends to join SWAP by sharing this newsletter with  
them and taking them on a walk in our Elfin Forest.

You can use the membership form at the right for your  
renewal or for new memberships for your friends. Our  
basic membership fee of \$12 covers our operating costs and  
brings members this bimonthly newsletter, the Oakleaves.  
Donations above that level provide funds to help us with  
projects to control weeds, prevent erosion, and restore habi-  
tat. Thanks for your help!

### MEMBERSHIP FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

☐ New Member ☐ Renewing Member

☐ Member \$12 ☐ Defender \$100

☐ Steward \$25 ☐ Champion \$250

☐ Protector \$50 ☐ Guardian \$500

☐ Life Member \$1000

☐ I want to help, please call me!

Memberships include a subscription to  
SWAP's bimonthly newsletter, *Oakleaves*.  
All donations to SWAP are tax-deductible.

EVERY membership counts!

Make checks payable to: SWAP.

Mail to: Small Wilderness Area Preservation,  
P.O. Box 6442, Los Osos, CA 93412-6442.

08/06